



SOPEC's Top 10 Tips for Energy Efficiency at Home

1

Turn off the lights when you leave a room. Even better, rely on natural light whenever possible and use LED bulbs.



2

Use a programmable thermostat and set it back 7° - 10°F from its occupied setting while you're away.



3

Wash clothes in cold water. Up to 90% of the energy consumed in washing is used to heat the water. Many detergents are designed to work well in cold water.



4

Adjust your thermostat to at least one degree closer to the outside temperature compared to your normal setting. If you keep your thermostat set at 68°F in the winter, set it 67°F. If you keep your thermostat set at 72°F in the summer, set it 73°F. Each degree will save approximately 2% of annual electricity costs.

5

Unplug appliances that are not in use. Many appliances continue to use electricity even when switched off.



6

Turn your water heater down to 120°F.

7

Change the direction of your ceiling fan seasonally.

8



Dress for the weather! Put on a sweater before you turn up the heat.

9



Use a power strip to easily switch off power to multiple devices like your computer, printer and speakers.

10

Keep your home cooler by closing curtains or blinds during the hottest part of the day.



Additional efficiency strategies:

- Install adequate insulation in your attic, walls, basement, crawl spaces and floors.
- Change your furnace filter as recommended. Dirty filters force your cooling system to work harder, using more energy in the process.
- Caulk, weatherstrip or seal cracks around doors and windows.
- When shopping for new appliances, look for models with ENERGY STAR certification.

Visit the Energy Savings Hub for more tips and rebate info:



Find more sustainability tips at www.sopec-oh.gov

